

IN THE SPOTLIGHT

Liz Logan Sterett, Volunteer



When not at Camp I am a: lifestyle design coach, which means I inspire people to design a life they love. I love what I do because like camp, I get to bring out the best in people and help them live with intention and authenticity.

Otherwise, I enjoy connecting with nature...a dirt path, a walk on the ocean, riding my bike up mountain passes, feeling the fresh air on my face. I love living for simple things. I love being in love with my beautiful family, and new husband.

Volunteer at Roundup River Ranch since: 2016

Favorite Camp Activity: Singing and spending time with campers

Favorite Meal at Camp: No-hands Spaghetti Dinner

Favorite Camp Dance: The A Grateful Harvest performance dance, whatever that happens to be.

How would you describe camp in three words? Magical, Impactful, Powerful

In what volunteer role do you serve at Roundup River Ranch? I was the A Grateful Harvest Event Committee Chair in 2016 and 2017.

Why do you think it is important to provide camp experiences to children with serious illnesses? Everyone needs camp, but when you have a serious illness, camp especially reminds you all of the power you have inside, gives you courage, and connects you to nature by being in the beautiful Colorado Rockies.

How do you think you've made a difference as a Roundup River Ranch volunteer? I know the campers have forever made a difference in my life. That's the magic of Roundup River Ranch, no matter who you are, camp is a guiding star shining down, reminding us all that we are in this life together.

What is your favorite memory from volunteering? Probably learning the dance for A Grateful Harvest with all the campers. I will never forget the energy in that room and the smiles on all their faces. The campers souls shine so brightly, it's beyond words.

How has your Roundup River Ranch volunteer experience impacted your life? It has reminded me to slow down, take deep breaths, and live in the moment. Roundup River Ranch has brought me back to my childhood camp days and volunteering at Children's Hospital in Denver.

What motivates you to volunteer at Roundup River Ranch? Is this a trick question? Just kidding. Everything Roundup River Ranch represents, the beauty of camp itself, the campers, the passion of all the people who have made camp possible. It's a winning combination, and one I'm humbled to be a part of.

Why would you encourage others to volunteer at camp? I think we live in a self-involved world these days. Volunteering at camp is an opportunity to get out of your head, and focus on amazing kids that need your help. It's a chance to drop into the present moment and open your heart to a greater good. I love Roundup River Ranch and am forever changed by my experience as a volunteer.