



BEST WEEK EVER



Here we are at the start of 2021. Happy New Year!

As we jump into another year we are looking to our Bead Program to guide our Best Week Ever content for this year. There are four beads on the string of each camper's wood cookie they wear at camp, each one representing a core part of our time together: community, compassion, courage, and closing. As we kick off the first Best Week Ever of 2021, we will begin with community!

Community is at the heart of camp. Being together, learning from each other, supporting each other, and making connections are a foundational part of the power of camp. At camp, our community is a celebration of finding people who are like you, who understand the journey you are on. It is also a celebration of finding people who are different from you and making connections with them in ways you couldn't imagine. This power of camp can be taken "out from the Roundup" as we sing, and put into play in your home and community right where you are. We think this is what the world really needs right now! In this newsletter you will find activities, jokes, and ideas to use right where you are to strengthen your community. We hope you create some time to connect.

Before I go, I wanted to share a little community I have found to be most fun and inspiring. It is a book called "The Boy, The Mole, The Fox and the Horse" by Charlie Mackesy.

This tiny community of four individuals couldn't be more different. And it is in their differences they come together and make each other better.

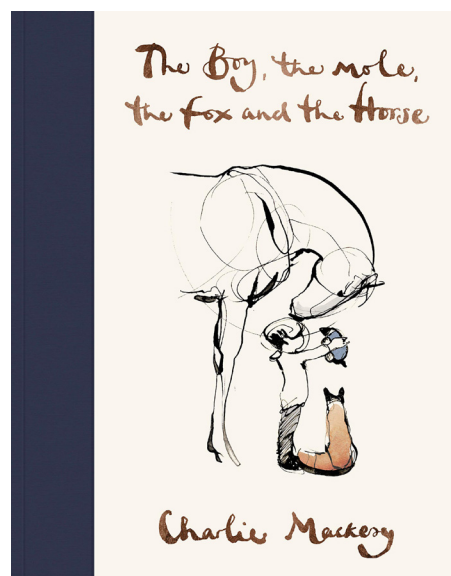
This book is a beautiful celebration of love, kindness, and courage; the heart of what community is all about. Thank you for being a part of our community at Roundup River Ranch! You make us better. We are excited to continue building community connections with you in 2021!

Much love,



KdRh

Kendra Perkins
Assistant Camp Director



BEST DAY EVER

Who's ready for the Best Day Ever?

Every day at Roundup River Ranch is the Best Day Ever! To kick off the day, our campers gather first thing in the morning. We sing songs, dance, tell jokes, and recite fun quotes. Click on each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!**



"Alone, we can do so little;
together, we can do so much"
- Helen Keller



**Head, Shoulders
Knees, and Toes**

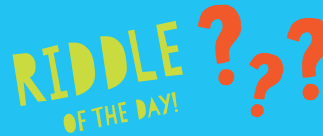
[CLICK HERE FOR LYRICS >](#)



This camp game is played
to unwind while still
getting physical movement.

SILENT BALL

[CLICK HERE FOR GAME
INSTRUCTIONS! >](#)



I do not speak, cannot
hear, but I always tell the
truth. What am I?



How do you get a
squirrel to like you?

Riddle of the Day Answer: A mirror
Joke of the Day Answer: Act like a nut

COMMUNITY CONNECTIONS



Camp is a great place to foster connection and community. Roundup River Ranch uses curriculum from Sanford Harmony to support our Community Connections social and emotional resources. Sanford Harmony is a social-emotional learning program designed to foster communication, connection, and develop kids into compassionate and caring adults. Here are a few conversation starters and small group activities you can use with your family and friends around you.



**Who is someone from
history you would like
to be a part of our
community and why?**



**If you could be a teacher
tomorrow, what would
you do?**



**What do you wish your
community understood better
about you?**

We want to see our incredible camper families!

Share pictures of your family participating in this week's activities on Facebook and Instagram. Be sure to tag us using [@RoundupRiverRanch](#) and [#BestWeekEver](#) so we can see!





CAMP ACTIVITIES

NEWSPAPER ART

Art Yurt

The new year is a great time to take old things and make them into something beautiful! How about getting rid of some old newspapers you have lying around and using them to create some great art (and if you don't have any newspapers, you can usually find some for free around your neighborhood)! **Try these two activities and see what you can create!** These could even turn into some pretty great decorations for Valentine's Day.



CLICK HERE TO START CREATING NEWSPAPER ART!

WITSI

Team Building

Being a part of a community or team means you are always needing to find ways to make positive connections with those around you. Sometimes that can be hard when you have been together for a long time. This activity is a simple way to find and share the positive things you see in those around you. It's amazing what one small, supportive word can do to build each other up and bring your community together!



CLICK HERE TO WRITE IT, THEN SAY IT!

CANDLE CHAT



Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued.

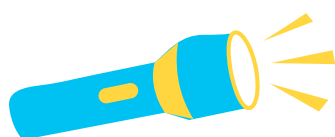
IF YOU COULD TAKE A PICTURE OF ONE MOMENT TODAY THAT SUMS UP HOW YOU ARE FEELING, WHAT PICTURE WOULD YOU TAKE? DESCRIBE THAT PICTURE AND GIVE IT A CAPTION.

If you'd like to share your answer with us or submit a question idea for next month's Candle Chat, [click here!](#)

DO YOU LOVE THE BEST WEEK EVER?

YES, YES, YES, WE LOVE IT!

CLICK HERE TO SUBSCRIBE AND ENSURE YOU GET IT IN YOUR INBOX EACH WEEK!



MEET YOU THERE

CAMP ONLINE SPRING PROGRAMS



Announcing our 2021 Camp Online spring programs. You can sign up for as many programs as you wish. The s'more the merrier! **All programs are completely free of charge** and open to campers of all qualifying medical diagnoses and their siblings, ages 7-17. *Family Camp programs are open to diagnosed campers ages 5-17, and their families.*

Looking for an offline camp opportunity? Sign up for Joy, Delivered! Sign up for a box of fun delivered straight to your doorstep. This amazing out-of-the-box camp experience supports and engages children in fun activities that inspire creativity, compassion, resilience, teamwork, and play. The magic and joy of camp will be delivered with all the supplies, instructions, and activities necessary to experience the joy of camp together with your family. This program is now offered quarterly - sign up once, and your family will receive a box full of fun each season!

P.S. Our Summer Camp Online schedule has been just released. This summer, we are hosting seven diagnosis specific week-long online camp sessions. Head to our website to see our full schedule and secure your spot!

PAPER CRAFTS CLUB

**Meets Tuesdays | February
7-8pm MDT**

Each week learn a new paper craft. Supplies are provided.

DISCOVERY CLUB

**Meets Tuesdays | March
7-8pm MDT**

Dive into amazing new discoveries through imaginative and creative projects! Supplies are provided.

CRAFT EXTRAVAGANZA CLUB

**Meets Tuesdays | April
7-8pm MDT**

Explore your crafty side while telling jokes and hanging out with camp friends! Supplies are provided.

TEENS GAMES & RIDDLES CLUB

**Meets Sundays | Feb. 7,
March 7, & April 11
5-6pm MDT**

Campers ages 13 - 17 play a new game each week, plus enjoy jokes and riddles. No supplies needed.

FAMILY CAMP

April 16-18

Enjoy a weekend of fun with the whole family by choosing your own adventure! Supplies are provided. Open to campers ages 5-17, and their families.

DAY CAMPS & CAMPER REUNIONS

Feb. 13, 4-5:30pm MDT
Valentine's Day Celebration

**March 6, 9am-12pm &
2-4:15pm MDT**

Day Camp

March 21, 4-5:30pm MDT
"Camp Fast Forward"
Camper Reunion

April 10, 10-11:30am MDT
Escape Room Camper Reunion

CAFÉ AU LAIT

**Meets Tuesdays | Feb. 9,
March 9, & April 13
10-11am MDT**

Conversation for parents and caregivers. An hour of gratitude, laughter, resources, and more!

Register today at RoundupRiverRanch.org



Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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RoundupRiverRanch.org

