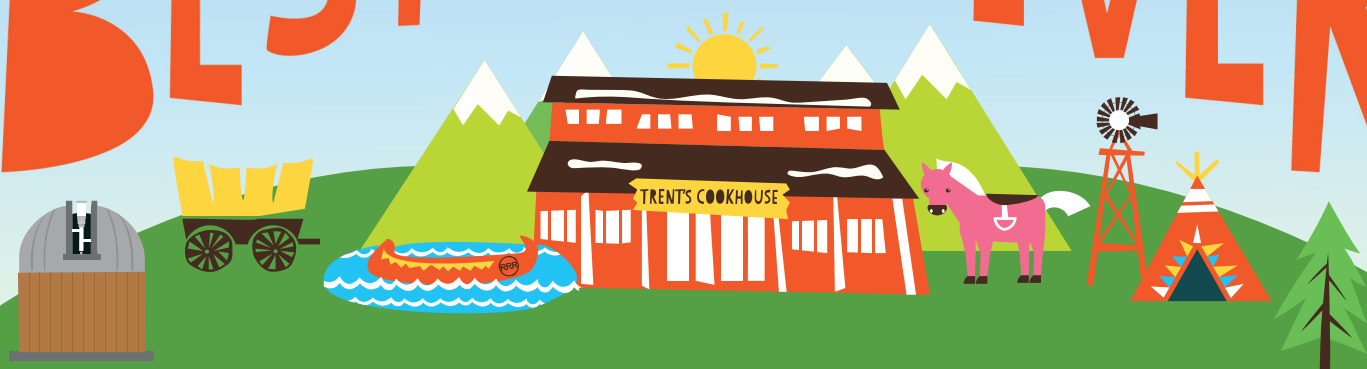




# BEST WEEK EVER



## Dear Camp Family,

Recently I read an article about the value of looking for meaning when times are difficult. Finding meaning is very different than seeking happiness; meaning is about gratitude and being present. It is about finding comfort in the good around you and then using that inspiration for good as a leader. Leadership may be as simple as creating a beautiful and hopeful message written in chalk on a garage or calling a friend who lives alone. Leadership may mean volunteering to sew masks or picking up trash blowing in your yard.

Being a leader is about finding gratitude and then sharing it. Find gratitude in music and share a favorite song on social media. Or perhaps fine tune your baking skills and deliver a cake to a neighbor.

This week, I would like to challenge you to think about how you or your family can be a leader through gratitude. [Enjoy this video from Kid President for some inspiration.](#) When you get out and help others, seek meaning, and focus on leadership through gratitude, it will bring a smile to your day!

With gratitude,



Sterling Nell Leija  
Executive Camp Director

*Here We Go*  
turn **YOUR** world  
around!



# CAREGIVER'S CORNER



After watching Kid President's "List of Awesome Things to be Thankful for," create your own list! You can do this individually, or as a family. Now that you have a list, how can you share this with others?

- ➡ Create an at home sock hop for your family if you are grateful for music.
- ➡ Grateful for good neighbors? Put together a neighborhood get together on Zoom!
- ➡ If you are thankful for good meals, plan a virtual dinner party!
- ➡ Love a quality movie? Plan a movie night for your family. Be sure to pass out tickets and make a concession stand!

Please share what you and your family are grateful for this week on Facebook and Instagram. Let us know how you were a leader and shared this passion with others. Be sure to tag us using **@RoundupRiverRanch** and **#BestWeekEver** so we can see!

## BEST DAY EVER

Who's ready for the best day ever?

Every day at Roundup River Ranch is the best day ever! To kick off the day, our campers gather first thing in the morning! We sing songs, dance, tell jokes, and recite fun quotes. Click on each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!**



"Be somebody who makes everybody feel like a somebody."

- Kid President



As a leader in this game, you will provide guidance to people, but the only way to communicate is by using shadows.

**SHADOW LEADERSHIP**

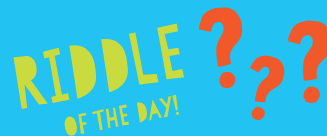
**CLICK HERE FOR GAME INSTRUCTIONS! >**



Get ready to perfect your bodybuilder pose!

**TARZAN 2**

**CLICK HERE FOR LYRICS >**



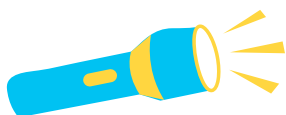
You see me once in June, twice in November, but not at all in May. What am I?



Why did the music teacher need a ladder?

Riddle of the Day Answer: The letter "e"  
Joke of the Day Answer: To reach the high notes

**DO YOU LOVE THE BEST WEEK EVER?**  
**YES, YES, YES, WE LOVE IT!**



**CLICK HERE TO SUBSCRIBE AND ENSURE YOU GET IT IN YOUR INBOX EACH WEEK!**





# CAMP ACTIVITIES

## ARCHERY

From shooting commands to traditions to the range itself - there is a lot that goes into archery! Practice your skills by creating your own **Sock Ball Range!** Do you still have the targets you made from last week's Archery activity? They'll work perfectly with your sock balls!



[CLICK HERE TO START PRACTICING YOUR SKILLS!](#)

## ASTRONOMY

As constellations were initially found in the sky, they often depicted characters that had their own stories. In this activity you're in charge of creating your own constellation! What amazing things will you make?



[CLICK HERE TO START YOUR CONSTELLATION CREATION!](#)

**P.S.** We want to see our incredible camper families! Share pictures of your family participating in this week's activities on Facebook and Instagram. Be sure to tag us using **@RoundupRiverRanch** and **#BestWeekEver** so we can see!

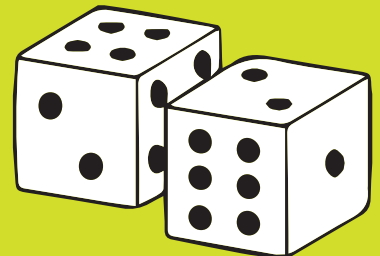
# PICK-IT!

## GAME ON

**Pick-It!** is an activity that changes week from week. These activities mirror the talents, interests, and passions that our staff and volunteers want to share with campers! Book club, scavenger hunt, drum circle, poetry slam? Yes, please!

Some of the board games we play today are just decades old, like *The Game of Life* and *Monopoly*. Other games, like *Chutes and Ladders*, are just the latest version of games that have been played for over 1000 years. **Can you design your own game that is creative, exciting, and easy to play?**

[CLICK HERE FOR INSTRUCTIONS.](#)



# COMMUNITY CONNECTIONS

Camp is a great place to foster connection and community. While we are all spending more time at home, we know that you can start conversations, make connections, and build community right where you are! Here are a few conversation starters and small group activities you can use with your family and friends around you. Roundup River Ranch uses curriculum from Sanford Harmony to support our Community Connections social and emotional resources. Sanford Harmony is a social-emotional learning program designed to foster communication, connection, and develop kids into compassionate and caring adults.



**What job would you like to have when you grow up? What do you learn at school that might help you in this job?**



**When was a time you showed leadership? How did you do it?**



**Who is someone you know that's good at adapting to change? What makes them good at this?**

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued. Candle Chat promotes bonding between members of a cabin and provides opportunities to reflect on individual and group accomplishments. We want to give you the opportunity to have a Candle Chat with the cabin group you are with right now... your family!

## WHAT ARE SOME WAYS YOU CAN BE A POSITIVE LEADER RIGHT NOW?

If you'd like to share your answer with us or submit a question idea for next week's Candle Chat, [click here!](#)

# CANDLE CHAT



Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

**8333 Colorado River Road, Gypsum, CO 81637 | 970.524.2267**



[RoundupRiverRanch.org](http://RoundupRiverRanch.org)

