



BEST WEEK EVER



Dear Camper Families,

The world is certainly in uncharted territory. As we navigate through these challenges together, Roundup River Ranch is here to partner with you and your family. Now, more than ever, we need to show our kids what it looks like to be resilient and optimistic. Our goal is simple. Embrace joy and continue opportunities to build connections!

Each Friday, this newsletter will land in your inbox - containing activities for your children to enjoy. Discover stargazing, explore art, delve into nature, sing silly songs at the top of your lungs, and so much more!

Every newsletter will also include a Caregiver's Corner. This section is for YOU! We tell our superhero staff that they cannot take care of others if they don't first take care of themselves. The same is true for you (and we want you to have some fun too)!



Sterling Nell Leija
Executive Camp Director

Here We Go
turn **YOUR** world
around!



CAREGIVER'S CORNER



Celebrate U Beads are used to celebrate the adventures of camp. Anyone can grab a bead at any time from the small jar of beads and place it in the larger jar to symbolize a personal celebration or something a friend or cabinmate has done. Participants are welcome to publicly announce the meaning of beads they place in the Celebrate U Jar, but often it is a private celebration of friendship, firsts, accomplishments, joyous moments, and more! At camp, the Celebrate U jar is kept in the Cookhouse by the fireplace.



When we are filled with uncertainty, change in routine, and new challenges, the power of celebration and positive thinking grows. **Consider making your own Celebrate U jar using supplies you have at home.** Each day, take a moment to celebrate as a family – did you try a new recipe that everyone loved? Maybe your family played a new game? Or perhaps everyone made their bed! So many reasons to celebrate!

A Celebrate U jar can be made out of anything – a jar or container from the recycling bin, an old basket collecting dust, or perhaps an empty vase. Instead of beads, fill your container with coins, Legos, skittles, marbles, a variety of small objects from around the house, or you can make small balls by wadding up small bits of old wrapping paper. Enjoy watching your jar fill up with positive, joyful, silly celebrations!

BEST DAY EVER

Who's ready for the best day ever?

Every day at Roundup River Ranch is the best day ever! To kick off the day, our campers gather first thing in the morning! We sing songs, dance, tell jokes, and recite fun quotes. Check out each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!**



"Think left and think right and think low and think high. Oh, the thinks you can think up if only you try!"
- Dr. Seuss



Enjoy this fun version of a camp favorite, "We Come From The Mountains"
[CLICK HERE TO LISTEN >](#)



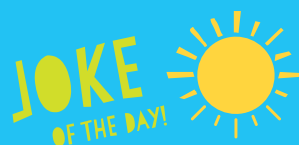
The more you take, the more you leave behind. What am I?



JOHNNY WHOOPS!

The trick to this game is to copy the leader exactly...

[CLICK HERE FOR GAME INSTRUCTIONS!](#)



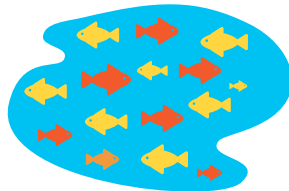
At Roundup River Ranch, what does the sun drink out of?



CAMP ACTIVITIES

Fishing

Fishing is a "reel"ly fun part of camp! Our resident Roundup River Ranch fish is called Buster - he lives in our lake! Buster is 1.789 inches long and causes problems at Fishing. He likes to steal the bait off hooks and bust campers' fishing lines (that is why we call him Buster)! If you had a lake at home what fish might be causing problems in your lake?

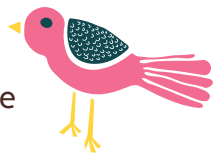


Create your lake and fish, [CLICK HERE!](#)



Nature

Roundup River Ranch is home to a variety of wildlife. With spring in the air, consider making a birdhouse or bird feeder. Here are some birds we found at camp this week! Let us know what birds you find by sending us a picture you drew, or a photo you took of your feathered friends.



"I love all of the birds at camp! One of the cool things about nature is that we can find it no matter where we are!"

- KENDRA, ASSISTANT CAMP DIRECTOR



Let's bird watch together, [CLICK HERE!](#)



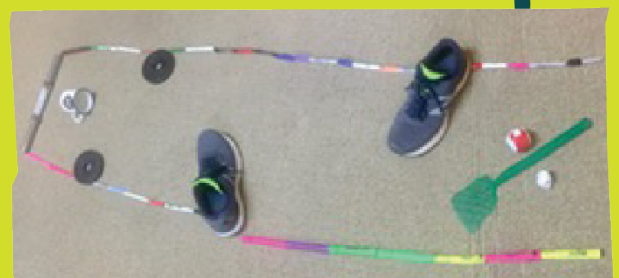
BONUS! Finished your camp activities for the week? Click here to experience even more Fishing and Nature fun through Monterey Bay Aquarium's webcam!

PICK-IT!

Pick-It! is an activity that changes week from week. These activities mirror the talents, interests, and passions that our staff and volunteers want to share with campers! Book club, scavenger hunt, drum circle, poetry slam? Yes, please!

Miniature Golf is great but creating your own is even better! Before you start creating Crazy Miniature Golf holes, get an adult's permission.

Crazy Miniature Golf



[CLICK HERE FOR INSTRUCTIONS!](#)

COMMUNITY CONNECTIONS



Camp is a great place to foster connection and community. While we are all spending more time at home, we know that you can start conversations, make connections, and build community right where you are! Here are a few conversation starters and small group activities you can use with your family and friends around you.



What is something that you think about or do that makes you happy, even when you're feeling down?



List, draw, or find three items that are important to you. Write down or tell someone why each item is important and what it says about you.



What is a gift you could receive that you can't buy in a store?

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued. Candle Chat promotes bonding between members of a cabin and provides opportunities to reflect on individual and group accomplishments. During the first few nights of Candle Chat, the questions tend to be more light-hearted, with the questions getting more thoughtful and reflective as the week goes on. We want to give you the opportunity to have a Candle Chat with the cabin group you are with right now... your family!

CANDLE CHAT

IF YOU HAD A TIME MACHINE THAT COULD TAKE YOU TO ANY PLACE AND TIME IN THE UNIVERSE, WHERE WOULD YOU GO AND WHY?

If you'd like to share your answer with us or submit a question idea for next week's Candle Chat, [click here!](#)



a seriousfun camp

Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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RoundupRiverRanch.org

