March 27, 2020





#### Dear Camp Family,

Camp creates connections. There is amazing strength and power in being a part of a tribe and knowing that someone else truly understands your journey. The light that connections bring to our lives never dims, and as we send you virtual hugs and high fives, our mission is to remind you that we are always connected through camp! As we tell campers during Closing Ceremony, no matter where you are when you leave camp, remember we are all looking at the same beautiful night sky!

From my home to yours,



Sterling Nell Leija
Executive Camp Director





Every day at Roundup River Ranch is the best day ever! To kick off the day, our campers gather first thing in the morning! We sing songs, dance, tell jokes, and recite fun quotes. Click on each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!** 



"You are braver than you believe, stronger than you seem, and smarter than you think." - Christopher Robin



Here's a song about our dear friend, "Ted the Moose!"

CLICK HERE FOR LYRICS >



Let's take
ROCK, PAPER, SCISSORS

to the next level!

CLICK HERE FOR GAME INSTRUCTIONS! >



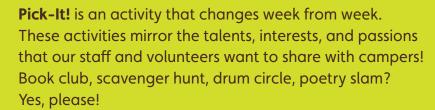
My country was 100 by the time I became a state, who am I?



Where do you find Booger Bran Cereal?

Riddle of the Day Answer: Colorado Joke of the Day Answer: The Cross-ery Store

## FORT BUILDING



Whether building by yourself or with others a finished fort is something you can look at with pride. The great thing about fort building is it doesn't require many supplies. Please send us a picture of your finished forts! (An adult should supervise this activity)





CLICK HERE FOR INSTRUCTIONS! >





YES, YES, YES, WE LOVE IT!

CLICK HERE TO SUBSCRIBE AND ENSURE YOU GET IT IN YOUR INBOX EACH WEEK!





### Equestrian

#### Are you ready to play Horseshoes?

This is a fun game you can make out of everyday items and you can play by yourself or with people around you. Horseshoes is a game where you toss horseshoes at a standing target in order to score points. You'll set up a target, and we'll teach you how to make your own horseshoes and keep score!





CLICK HERE TO START MAKING YOUR HORSESHOES!

### Discovery

This week, we're making paper airplanes as part of the Best Week
Ever! We're doing this for two reasons – our theme this year is "Here We Go" which has a paper airplane in it, and because we found some great resources from our friends at NASA.



OWN PAPER AIRPLANE!

### CAREGIVER'S CORNER V

As a Roundup River Ranch family, you are a member of an even larger camp family... the SeriousFun Children's Network! Did you know that Roundup River Ranch has sister camps across the United States and the whole world? Through SeriousFun camps and programs, there have been 1,185,000+ camp experiences for children and family members since 1988. Wow! That's a lot of camp dancing, high fiving, silly song singing, and more! It is pretty awesome to be a part of something so huge!

If you are looking for more activities to do as a family, or to enjoy independently, check out this amazing activity guide from SeriousFun Children's Network!

CLICK HERE FOR 18 RAIN OR SHINE ACTIVITIES!

# COMMUNITY CONNECTIONS



Camp is a great place to foster connection and community. While we are all spending more time at home, we know that you can start conversations, make connections, and build community right where you are! Here are a few conversation starters and small group activities you can use with your family and friends around you. Roundup River Ranch uses curriculum from Sanford Harmony to support our Community Connections social and emotional resources. Sanford Harmony is a social-emotional learning program designed to foster communication, connection, and develop kids into compassionate and caring adults.



What is something funny you've experienced this week? What is something you want to do to make somebody laugh?



What would you rather be, a kid or adult? Why?



What is your favorite meal? Who makes it and who do you usually eat it with? If you could eat it with anyone, who would it be?

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued. Candle Chat promotes bonding between members of a cabin and provides opportunities to reflect on individual and group accomplishments. The first few nights of Candle Chat usually has questions that are more funny, with the questions getting more thoughtful and reflective as the session goes on. We want to give you the opportunity to have a Candle Chat with the cabin group you are with right now... your family!



We want to hear your answers! Click here to submit your answer, we'll be sharing a few of our favorites in next week's newsletter!







Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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