

#### Dear Camp Family,

This week, we want to ensure you know about our upcoming opportunities! While we are disappointed to not bring campers to the campsite this summer, we are super excited about all the fun we are planning! Please check out our newest programs:

- 1. The **Best Week Ever** newsletter is scheduled to run weekly through June 5! If you missed an issue, or want to revisit any of them, they can all be found on our website, <u>click here!</u>
- 2. **Here We Go Online!** is a virtual camp opportunity that will combine all the things we love about traditional camp, including fun activities, super cool adult role models, and kids getting to meet other awesome kids on similar life journeys through an interactive and safe online experience. Campers will receive a Camp Kit with all camp program supplies. This program is available for Family Camp 1 and Summer Camp 1-6.
- 3. **Joy, Delivered** is an amazing out-of-the-box camp experience for campers and families who prefer a non-virtual option. Joy, Delivered will rekindle camp memories to give campers a feeling of connection to camp by providing outcome-based activities and supplies that can be done independently at home!
- 4. **Virtual Camper Reunions** are coming soon! Our goal is to give campers and their families a feeling of connection during a time of isolation. Virtual Camper Reunions will be a variety of experiences for the camp family to join online and connect as a part of the Roundup River Ranch community!

To sign up for Here We Go Online! or Joy, Delivered please reach out to our camper recruiters at CamperRecruiter@RoundupRiverRanch.org or call 970.524.5713. More information will be coming soon about Virtual Camper Reunions!

As always, all Roundup River Ranch programs are completely free of charge to our amazing camper families. Please keep an eye on your email for the most up to date information or visit us online at RoundupRiverRanch.org.





Sterling Nell Leija Executive Camp Director



# CAREGIVER'S CORNER 🔪

#### By: Sterling Nell Leija, Executive Camp Director

Tired of being asked, "what's for dinner?" Posting a simple daily plan is a great way to keep the family on task and on the same page. While there are thousands of clever (and complicated) ideas on Pinterest, keep it simple! Some ideas to consider:

**Menu for the Day** – Even "Build your Own" or do it yourself can be the plan.

**Chore for the Day** – When everyone pitches in, it certainly helps! In our family, everyone chooses from a mom created list. The kids getting to choose makes for less push back and more getting things done!

Any important scheduling notes – Working from home while doing school from home can be stressful. Even planning out a few essentials can make it easier.

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Show us how you are staying organized and avoiding the question, "What's for dinner?" on Facebook and Instagram. Be sure to tag us using **@RoundupRiverRanch** and **#BestWeekEver** so we can see!

# EST DAY EVER CONTROL OF THE DEST DAY EVER CONTROL OF THE DEST DAY EVER CONTROL OF THE DEST DAY EVER?

Every day at Roundup River Ranch is the best day ever! To kick off the day, our campers gather first thing in the morning! We sing songs, dance, tell jokes, and recite fun quotes. Check out each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!** 

"Don't let what you cannot do interfere with what you can do."

- John Wooden

This game will ask you to put down your screens and try to communicate in small written pictures.

> EMOJI WHAT CLICK HERE FOR GAME INSTRUCTIONS! >



This is a repeat after me song! OREO COOKIE

CLICK HERE FOR LYRICS >

Which is heavier: a ton of bricks, or a ton of feathers?

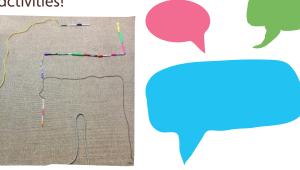


What did the spider do on the computer?

RRR CAMP ACTIVITIES

#### **TEAM BUILDING**

Team building is an important part of our camp culture. Grab some friends or family and challenge yourself to these two team building activities: Minefield and Labyrinth. You're about to be blindfolded - so be sure to find a clear open space for these activities!



CLICK HERE TO START THESE TEAM BUILDING ACTIVITIES!

#### ART

Sometimes it's hard to draw a picture of something you have inside your head. But what if you drew a picture of something in someone else's head? This activity gives you the chance to test your skills!





CLICK HERE TO TEST YOUR DRAWING SKILLS!

## **OFOR PICK-IT!** SOMETHING SCAVENGER

**Pick-It!** is an activity that changes week from week. These activities mirror the talents, interests, and passions that our staff and volunteers want to share with campers! Book club, scavenger hunt, drum circle, poetry slam? Yes, please!

Something Scavenger is a scavenger hunt you can do with others or by yourself. Use your detective skills to find one "something" from the provided list!



CLICK HERE FOR INSTRUCTIONS!

### YOU LOVE THE BEST WEEK EVER? YES, YES, YES, WE LOVE IT!

CLICK HERE TO SUBSCRIBE AND ENSURE YOU GET IT IN YOUR INBOX EACH WEEK!

# **COMMUNITY CONNECTIONS**<sup>1</sup>

Camp is a great place to foster connection and community. While we are all spending more time at home, we know that you can start conversations, make connections, and build community right where you are! Here are a few conversation starters and small group activities you can use with your family and friends around you. Roundup River Ranch uses curriculum from Sanford Harmony to support our Community Connections social and emotional resources. Sanford Harmony is a social-emotional learning program designed to foster communication, connection, and develop kids into compassionate and caring adults.



Who is your favorite person to talk to and why?



How do you work with someone that disagrees with you?



If you could ask anyone to teach you something, who would you ask and what would you want to learn?

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued. Candle Chat promotes bonding between members of a cabin and provides opportunities to reflect on individual and group accomplishments. We want to give you the opportunity to have a Candle Chat with the cabin group you are with right now... your family!

#### WHO IS SOMEONE YOU REALLY ENJOY TALKING WITH? WHAT MAKES THEM FUN TO **COMMUNICATE WITH?**

If you'd like to share your answer with us or submit a question idea for next week's Candle Chat, click here!





Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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a seriousfun camp



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