



BEST WEEK EVER



Dear Camp Family,

As we close in on our inaugural Here We Go Online session, I cannot help but think about courage. The courage to try new things. The courage to meet new people. The courage to make hard decisions. I am so proud of the bravery shown by Roundup River Ranch campers, volunteers, and staff as we embark on this journey together. If there is one thing I know, it is that camp builds resilience and flexibility. At camp, we cannot wait to laugh, smile, and try new things together. If you have not already registered, please consider joining us! It takes less than 10 minutes to sign up and we are ready to connect with you!

Here We Go!



Sterling Nell Leija
Executive Camp Director

Here We Go
turn **YOUR** world
around!



CAREGIVER'S CORNER



In the first issue of The Best Week Ever, the Celebrate U Jar was introduced to celebrate the adventures of camp. We encouraged you to create your own jar to power and encourage positive thinking in your own home. Hopefully your's has been filling up with new celebrations! This week, we encourage you to celebrate courage and bravery. Courage is what allows us to try new things, keep trying to master a new skill, admit to a mistake, or to do the 'right' thing (even when it is really hard!). Here are some questions to ask as you look for celebrations of courage:

- ▶ What are some ways you showed courage today?
- ▶ Did a family member or friend do something courageous today?
- ▶ Did you face a fear or try something hard today? If so, what?
- ▶ What is something someone in your family did today that was the right thing to do?

BEST DAY EVER

Who's ready for the best day ever?

Every day at Roundup River Ranch is the best day ever! To kick off the day, our campers gather first thing in the morning! We sing songs, dance, tell jokes, and recite fun quotes. Click on each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!**



"Courage is resistance to fear, mastery of fear - not absence of fear."
- Mark Twain

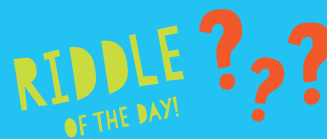


It takes courage to be the first person to do something. This game is about just that!

ON THE SPOT
CLICK HERE FOR GAME INSTRUCTIONS! >



This is a repeat after me song!
FROGGY
CLICK HERE FOR LYRICS >



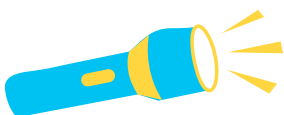
Why is it easy to weigh a fish?



What did the left eye say to the right eye?

Riddle of the Day Answer: Because they have scales
Joke of the Day Answer: Between us, something smells

DO YOU LOVE THE BEST WEEK EVER?
YES, YES, YES, WE LOVE IT!



CLICK HERE TO SUBSCRIBE AND ENSURE YOU GET IT IN YOUR INBOX EACH WEEK!

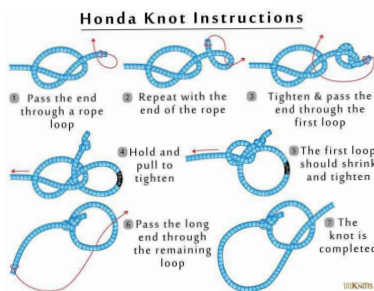
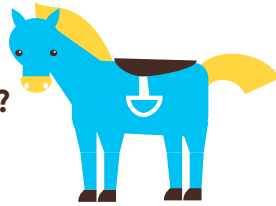




CAMP ACTIVITIES

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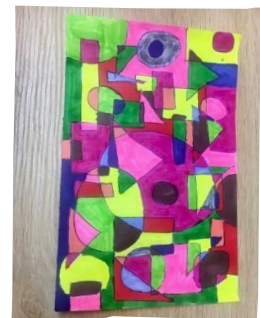
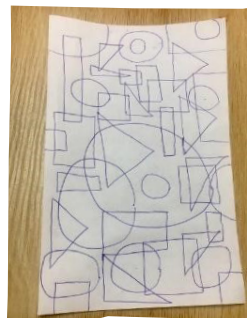
A lasso is a rope with a loop at one end used for catching cattle or horses. The wranglers at Roundup River ranch use lassos and you can too! **What kind of things can you roundup with your homemade lasso?**



[CLICK HERE TO GET STARTED MAKING YOUR LASSO!](#)

ART

Shape cubism is drawings with layered geometric shapes like circles, rectangles, and triangles. It is a basic example of something called cubism which is where geometric shapes add different viewpoints to drawings and paintings.



[CLICK HERE AND GET CREATIVE!](#)

P.S. We want to see our incredible camper families! Share pictures of your family participating in this week's activities on Facebook and Instagram. Be sure to tag us using **@RoundupRiverRanch** and **#BestWeekEver** so we can see!

PICK-IT!

Pick-It! is an activity that changes week from week. These activities mirror the talents, interests, and passions that our staff and volunteers want to share with campers! Book club, scavenger hunt, drum circle, poetry slam? Yes, please!

Puppets have been entertaining people for thousands of years. This activity will show you two easy ways to make puppets, so you can ask the people you are living with to put down their screens and watch a real show!

[CLICK HERE FOR INSTRUCTIONS.](#)

PUPPET SHOW



[FOLLOW ALONG AS CHRIS PUTS ON A PUPPET SHOW AT HOME!](#)



COMMUNITY CONNECTIONS

Camp is a great place to foster connection and community. While we are all spending more time at home, we know that you can start conversations, make connections, and build community right where you are! Here are a few conversation starters and small group activities you can use with your family and friends around you. Roundup River Ranch uses curriculum from Sanford Harmony to support our Community Connections social and emotional resources. Sanford Harmony is a social-emotional learning program designed to foster communication, connection, and develop kids into compassionate and caring adults.



When was a time you were brave? How did you show courage?



Is there something you are afraid to try? Why? How could you overcome this fear?



If you could choose to be any age forever, what age would you choose and why?

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued. Candle Chat promotes bonding between members of a cabin and provides opportunities to reflect on individual and group accomplishments. We want to give you the opportunity to have a Candle Chat with the cabin group you are with right now... your family!

CANDLE CHAT

WHAT DOES COURAGE LOOK AND FEEL LIKE TO YOU?

If you'd like to share your answer with us or submit a question idea for next week's Candle Chat, [click here!](#)



a seriousfun camp

Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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RoundupRiverRanch.org

