



BEST WEEK EVER



Fall is one of our favorite seasons at Roundup River Ranch. The leaves start turning bright yellow and golden orange at camp. The days begin to get a little shorter and a lot cozier. This month we want to share with you one of our favorite fall recipes at camp. Make these delicious gluten and dairy free cookies at home, cozy up with your loved ones, and enjoy this edition of the Best Week Ever. Inside you'll find activities you can participate in together as a family including self collages, story tag, and so much more!

PUMPKIN CHOCOLATE CHIP COOKIES

1 can pumpkin
 1 cup canola oil
 1/2 cup granulated sugar
 1/2 cup brown sugar
 2 eggs (or substituted 1/2 cup applesauce for egg free!)
 2 1/2 cups gluten free flour
 1 1/2 tsp baking powder
 3/4 tsp baking soda
 3/4 tsp salt
 1 tsp xanthan gum (check flour; sometimes it already contains this)
 1 Tbl pumpkin pie spice
 1 Tbl cinnamon
 1 1/2 tsp GF vanilla extract
 2 cups DF/GF chocolate chunks

1. Pre-heat Convection oven 300-325; Conventional oven 350.
2. Mix pumpkin, oil, and sugars until sugar is dissolved.
3. In a large bowl, mix flour, salt, baking powder, baking soda, pumpkin pie spice, and cinnamon. Mix to remove lumps.
4. Slowly add eggs and vanilla to pumpkin mixture.
5. Add flour mixture after the eggs.
6. Add more spices to taste if needed.
7. Scrape bowl after dough is thoroughly mixed, gently combine chocolate chunks.
8. Scoop onto greased parchment.
9. Bake for 20-25 minutes. Then enjoy!

UPCOMING OCTOBER PROGRAMS

Join us! These programs are open to camper families from all medical diagnosis groups.

Day Camp

October 3, October 24

Café au Lait

October 3

Weekend Kids Camp

October 9 - 11

Camper Reunions

Candle Chat - October 11

Art Monster Maker - October 25

Halloween Costume Party - October 31

SIGN UP TODAY!

BEST DAY EVER

Who's ready for the Best Day Ever?

Every day at Roundup River Ranch is the Best Day Ever! To kick off the day, our campers gather first thing in the morning. We sing songs, dance, tell jokes, and recite fun quotes. Click on each section below to start off your Best Day Ever. **Don't forget - you can't camp sing or dance wrong!**



"Beauty begins the moment you decide to be yourself."
- COCO Chanel



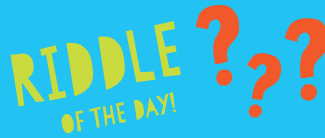
This is a call and respond song!
BATMAN AND SUPERMAN
[CLICK HERE FOR LYRICS >](#)



How much of the story will you remember, and how will you add to it? Let us find out.

STORY TAG!

[CLICK HERE FOR GAME INSTRUCTIONS! >](#)



What starts with an E, ends with an E, but only contains one letter?



What did the French teacher say to her student?

Riddle of the Day Answer: Envelope
Joke of the Day Answer: I don't know, I don't speak French so I couldn't understand her!

COMMUNITY CONNECTIONS

Camp is a great place to foster connection and community. Roundup River Ranch uses curriculum designed to foster communication, connection, and develop kids into compassionate and caring adults. Here are a few conversation starters and small group activities you can use with your family and friends around you.



What does "acceptance" mean to you?



How do you respond when your parents or a teacher ask you to do something you do not want to do?



What is something you and your friends have in common? What is something that makes you different?

We want to see our incredible camper families!

Share pictures of your family participating in this week's activities on Facebook and Instagram. Be sure to tag us using [@RoundupRiverRanch](#) and [#BestWeekEver](#) so we can see!





CAMP ACTIVITIES

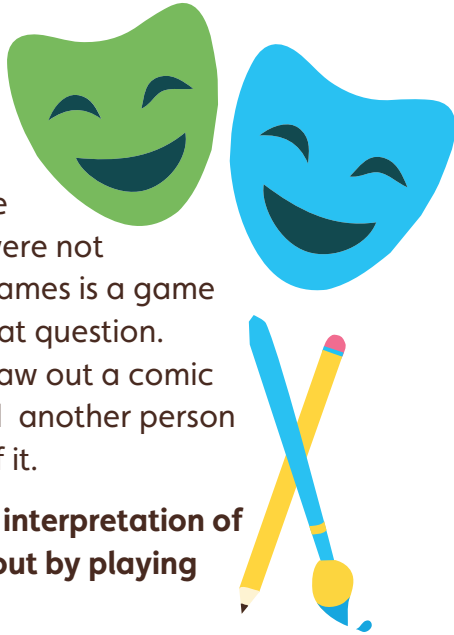
ART

Speaking Frames

People love comic books because they tell a story by using art. But how different would the story be if words were not used? Speaking Frames is a game that will answer that question.

One person will draw out a comic without words and another person will tell the story of it.

How close will the interpretation of your art be? Find out by playing Speaking Frames!



CLICK HERE TO BEGIN SPEAKING FRAMES!

ART

Self Collage

A collage is a piece of art made by gluing pictures and other things to a piece of blank paper. In this activity we will make a collage that says something about you.



What pictures tell a story about you?

Let's find out making self-collages!



CLICK HERE TO START CREATING YOUR SELF COLLAGE.

CANDLE CHAT

Candle Chat is a reflective activity that happens at the end of each day. This activity provides a space for campers to share their thoughts and feelings while being heard and valued.



WHAT IS SOMETHING YOU WERE SUCCESSFUL AT RECENTLY, AND WHAT IS SOMETHING YOU STRUGGLED WITH?

If you'd like to share your answer with us or submit a question idea for next month's Candle Chat, [click here!](#)



a serious fun camp

Roundup River Ranch enriches the lives of children with serious illnesses and their families by offering free, medically-supported camp programs that provide unforgettable opportunities to discover joy, friendships, and confidence.

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RoundupRiverRanch.org

